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Apple Cider Vinegar Benefits - Apple Cider Vinegar Benefits And Cures For Weight Loss And Better Health



APPLE CIDER VINEGAR BENEFITS

APPLE CIDER VINEGAR **BENEFITS** AND **CURES**
FOR **WEIGHT LOSS** AND BETTER **HEALTH**

OVER 10,000 SOLD!



Synopsis

#1 .COM BESTSELLING AUTHOR!The Ultimate Cider Vinegar Health BookApple cider vinegar is an overwhelmingly underestimated product in the markets of health care and weight loss.I put this book together to educate those who are sick of wasting money on expensive, ineffective, and more importantly, unnatural diet plans and workouts.Apple cider vinegar – it's uses blow nearly every other health product – it's claims out of the water. It is a low-cost, natural and effective way to improve your health and well-being! Plus, it can easily be added into your current diet or healthcare routine!Overflowing with Positive Reviews!"This book is a definite keeper!-Amy Truesdale"You will be surprised at all the uses for it!"-LaLady"Took care of my acid reflux within minutes!"-T. Perry"What a product!"-TxMikOVER 10,000 SOLD!

Book Information

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#11 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Natural Foods

Customer Reviews

The "book" has one paragraph about each claimed benefit of apple cider vinegar on each "page. But there is almost nothing about how to use it to get the supposed benefits. Save your \$0.99 and just Google apple cider vinegar and you will get the same information and more.

I already knew that apple cider vinegar has fabulous benefits and I take it every morning with juice from half a lemon and two pinches of Himalayan salt in 12 ounces of water.. I bought this book to find some specific information e. g.. If it's good for your skin but you need to mix it with water then I want to know how much water and how much vinegar.. I already know it's good.. I wasn't paying for general information, I wanted details

I loved this book! Very informative! My Aunt drank apple cider vinegar in water all day because she said it helped her overall health and kept her weight off. She was never over weight and she's now 83 years old and still drinks her apple cider vinegar every day! She made me a believer! I'm so happy to read this book and find just how helpful and healthy it is! Thank you for the info.

Organic apple cider vinegar is awesome. You will be surprised at all the uses for it. Would you believe hair, skin, digestion, weight loss, and detox to name a few. Check it out and you will be sure to keep some on hand at all times.

I thought his book would give me ideas on how to use apple cider vinegar but it only covers the benefits which you can find on Google.

I had hoped when I ordered "Apple Cider Vinegar Benefits", it would have included the recipes for the different benefits. It didn't.

I HAVE BEEN USING APPLE CIDER VINEGAR FOR MANY YEARS. NOT ONLY BECAUSE I LIKE IT, BUT AS A HEALTHY SALAD DRESSING. I WAS NOT AWARE OF ALL THE MANY USES AS DESCRIBED IN YOUR BOOK AND I AM GLAD TO KNOW ABOUT THEM. I PLAN TO PUT MY APPLE CIDER VINEGAR TO MORE USE. THANKS

If you are into doing things the natural way instead of taking all the medications this is a must have book. Took care of my acid reflux within minutes! Didn't even know you could use ACV for that until reading the book.

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